What are rain gardens?

Rain gardens help remove pollutants and slow down stormwater flows, recharge freshwater bodies and look attractive. They filter stormwater through soil mix and plants. These absorb and filter contaminants before stormwater flows to surrounding ground, pipes, drains and streams, and eventually to the sea.
Six key components of a rain garden
Rain gardens have six main elements, shown below.

1. Rain garden soil mix
   Most important component of rain garden – the soil filters pollutants. Usually sandy loam, loamy sand or loam.

2. Ponding area
   Holds stormwater runoff until it seeps through the planting mix and into the underdrain system. Usually max 200mm - 300mm lower than surrounding hard surfaces. Local authorities may have specific maximum depth and minimum capacity requirements for the ponding area. For safety reasons, ponding area should be max 300mm deep.

3. Plants (preferably native)
   Plants help filter pollutants and look attractive. Usually native plants - better suited to the extreme wet/dry conditions (such as ponding for up to 24 hrs).

4. Overflow system
   Bypass for excess flows when raingarden pond is full.

5. Mulch / pebble/ rock layer
   Prevents weeds and helps prevent soil drying out.

6. Sand layer (if included)
   Additional stormwater filter, removing pollutants passing through the planting bed. Also helps retain soils within the rain garden.

Grass buffer strip (may not be included)
Grassed buffer strip between hard surface and garden as first stage filtration, removing larger particles and creating runoff sheet flow (to avoid erosion). Not always included in rain garden design, due to site constraints.

Underdrain system (may not be included)
If present, water drains through soil mix to underdrain, then is piped to stormwater network or waterways (e.g. stream, open water). Some free draining soils may not require underdrain, as runoff will drain to groundwater aquifers.
Construction Sequence

Although individual design and sizes of rain gardens vary, they are generally constructed using a standard method. The following outlines the sequence and key points for constructing a rain garden. On larger sites, rain garden construction may be detailed in construction plans and specifications.

1. Excavate
Excavate the new rain garden to the depth shown on plans (typically 1.0-1.5m). Take care to avoid compacting the existing ground by not driving across or using heavy machinery in the area, as this reduces drainage capacity (See Figure 1).

Place geotextile around the excavated area (on side walls and base of rain garden excavation). The fabric may need pinning to the walls of the rain garden may be required. Use open weave geotextile to prevent soil particles into the garden from surrounding ground. On poorly draining soils or where groundwater levels are high non-permeable liners may be specified on construction plans.

2. Install underdrainage
Install the underdrain system (if required) and connect to the piped stormwater system. The underdrain should typically be between 100 and 150mm in diameter and have a maximum slope of approximately 0.5% (5mm drop over 1 m length).

Underdrain pipe beneath the rain garden should be perforated. The piped section outside the rain garden should not be perforated.

IMPORTANT – Make sure that the underdrain is connected to an approved stormwater collection and drainage system, and not to a wastewater (sanitary sewer) system.

3. Construct overflow drainage
Construct overflow drainage and connect to stormwater reticulation. Construct overflow to levels shown on plans (typically, just below the ground surface level but above the top level of the rain garden). Overflow pipes should be fitted with grates or screens to prevent clogging of pipes with litter or debris.

IMPORTANT - To create storage capacity in rain gardens, overflow drainage must be carefully constructed so level of the overflow match those specified in the construction plans.
Construction Sequence Cont...

4. Backfill underdrainage system
Carefully backfill underdrain with drainage material, usually gravel, with minimum of 50mm cover over underdrainage system. Total depth of the underdrain gravel layer (from the base of the rain garden to the top of the underdrain gravel) should be around 400 mm (See Figure 2).

**IMPORTANT** – Do not drop the gravel underdrain bedding material from height as this will damage the underdrainage system. Place gravel from a low level and spread manually.

5. Install sand layer (if required)
If specified install the sand layer as detailed on plans. Typically, approximately 300mm depth to prevent movement of the soil mix into the underdrain. Use clean sand free of debris, fine sediments and clay. Level with a rake but do not compact.

6. Install rain garden soil mix
Backfill with rain garden soil mix. Rain garden soil mix is critical to the performance of the rain garden. Rain gardens require a minimum 700mm thick layer of rain garden soil mix for the plants and for water quality treatment (See Figure 3).

Rain garden soil mix is mixed specifically for rain gardens and is gradually becoming commercially available. Contact the Auckland Regional Council for local approved suppliers. Rain garden soil mix has permeability of at least 0.3 metres per day. A poor soil mix will not allow the rain garden to function. Rain garden soil mix is free of stones, stumps, roots, or other woody material over 25 mm in diameter and free of brush or seeds from noxious plants. Do not substitute a hand-mixed composition of clay, topsoil and sand. Place rain garden soil mix in 300-400mm layers and wet to aid natural compaction. Do not compact the soil either manually or using a digger bucket.

7. Complete to finished level
Wet soil and carefully excavate or fill to achieve finished level. The finished level should create the ponding area to below level of surround ground to prevent runoff bypassing rain garden (See Figure 4).

**Fig.2 Checking level of gravel bedding with overflow runoff riser and underdrain and connection slot in place.**

**Fig.3 Soil mix placed to compact naturally.**

**Fig.4 Soil contoured to form ponding area. Overflow structure is screened.**
8. Planting
Plant as per design planting plan. If no plan is provided, use plant guidelines (right) and refer to Auckland Regional Council TP10 for guidance on appropriate plant species and planting of rain gardens.

**IMPORTANT** – Do not use fertilizers, herbicides or pesticides as they may impact or pollute downstream water quality.

9. Place mulch / pebbles / rock
Place mulch/pebbles/rock to the required finished level (See Figure 5). Stones or boulders are sometimes specified instead of mulch. The mulch should be:
- Standard landscape type shredded wood mulch or chips (so it will not float when wet).
- Well aged and free of other materials such as weed seeds, soil, roots, etc.
- Applied to a maximum depth of 75 mm.

**IMPORTANT** - Mulch is not levelled off – mulch follows the general contour of the rain garden. Check the finished ponding level lies at depth specified below the overflow and surrounding ground as indicated on plans. Ponding levels are typically 200mm - 300mm deep. This allows treatment before run off drains away.

If no planting plan provided, use following guides:
- Choose native plant species – they withstand prolonged periods of ponding and drought.
- Lay out plants randomly to look natural.
- Put in understorey of shrubs and herbaceous species to stabilise canopy species.
- Do not locate woody vegetation (scrub and trees) near inflow locations.
- Plant trees near perimeter of the rain garden.
- Consider wind, sun and exposure when choosing varieties for planting.
- Do not plant noxious weeds.
- Aim for aesthetics and visual characteristics – it should look good.
- Consider traffic visual requirements (no tall plants in line-of-sight from a vehicle) and safety issues.
- Consider using native plants already on the site that will be removed during site construction.
- Occasionally water plants as they establish. Once established, native plants will not typically require watering.
10. Review levels
Review levels indicated on the plans. The rain garden requires ponded area between 200-300mm below the overflow and surrounding ground level. Install grass filter strip and/or kerb cuts. If included, grass filter strip creates a buffer between surrounding ground level and rain garden. Grass strips spread stormwater flow before it enters rain garden. Grass filter strips are not always included, particularly where stormwater run off directly from car parks and roadways to the rain garden.

Grass filter strips should be at least 1m wide and extend along the entire length of rain garden. Place topsoil to 100mm min depth and sow or hydroseed with appropriate grass seed, matching to final mulch level. Typically, kerb cuts are used alongside roads and in car parks. Kerb cuts must be 100mm min wide to allow sheet flow. Erosion prevention measures such as rip-rap (rocks set in concrete) may be required at inflow points.

In some car parks, individual parking blocks are set 500mm back from the edge of the carpark. Make sure a concrete strip at least 300mm wide is created between car park edge and rain garden to avoid loading the side of the rain garden.

11. Test the rain garden
Test the rain garden. If possible, inspect the bed after heavy rainfall, and monitor to check water level drains completely over 24 hours. If this is not possible, fill rain garden with reticulated water from a hydrant or nearby hose to a depth of approximately 200mm for testing over 24 hour period.

12. Completion and tidy up
Complete surface treatment on adjacent areas. Remove erosion and sediment control devices such as silt fences and catch pit protection devices, particularly geotextile over catchpits.
Quick checks

✓ Get approval by designer for all changes to original construction plans. Major changes need approval from the council.

✓ Construct rain garden from bottom up with surrounding areas stabilised. Prevent soil and sediments generated from construction entering the rain garden.

✓ Set accurate heights for each element of the rain garden, particularly the underdrain, existing surrounding ground level and inflow and overflow mechanisms. Changes to levels may cause the rain garden to fail to operate as intended.

✓ Block or divert away any new or existing inlets and outlets from the rain garden.

✓ Check the soil and other material composition as specified in the design.

✓ Construction requirements may vary between local authorities. Confirm design specifications with the Council who approved resource consents for each project before construction.

Avoid

✗ If possible, do not construct the rain garden until after surrounding areas have been stabilised and erosion is no longer a concern.

✗ Do not trench and backfill rain garden in parts.

✗ Do not compact the rain garden at any time. If possible allow time for natural settlement and compaction before planting. If not possible, consider dampening each layer of soil mix during placement in rain garden.

✗ Do not drop gravel underdrain material from height as this will damage the underdrainage system. Place gravel from a low level and spread manually.

✗ Unless specified, do not use geotextile between the soil layers as this may cause clogging resulting in waterlogging for long periods. This reduces the stormwater filtration capacity and may stress and kill the plants.

✗ Do not use fertilisers, herbicides, pesticides.

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