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|--|----------------|-------------|-------------|
| Bach | Gate | Information | Toilets |
| Self-containment Certificate (SCC) carpark | Bird colony | Lookout | Park Extent |
| Camping | Drinking water | No access | |
| | Historic site | No dogs | |

Duder Regional Park



Scale @ A3
= VARIABLE

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Feature walks

Duder Sustainable Trail ----

1.5 hour, 4km

Learn how Duder Regional Park is walking the talk on sustainability. This 1.5 hour walk is marked by yellow markers and is a fun and practical way to learn about sustainable farming.

Farm Loop Walk ----

2 hours, 4.3km

Follow the red markers from the car park through the rolling farmland, with its peacefully grazing sheep, and enjoy some of the best coastal views in the Auckland region.

Whakakaiwhara Pā Walk ----

1 hour, 2.4km

This walk branches off the Farm Loop. Follow the blue markers to the end of the peninsula. This is an isolated and unusual triangular Māori pā site traversing the remains of a defensive ditch. Within the pā are remains of houses and pits (rua) used for storing kūmara.

Duder Coastal Walk ----

30 minutes, 2km

At low tide only you can walk to the park from Umupuia Beach. Please note that the land between the beach and the park is private property and there is no access above the high tide mark.

Cycling

The Farm Loop

45 minutes, 4km

Follow the red markers through the rolling farmland and enjoy some of the best coastal views in Auckland.

Orienteering

Duder Regional Park Orienteering Course

There are 40 markers spread all over the park. Maps are available from the notice board or can be downloaded from aucklandcouncil.govt.nz

Sea Kayaking

Duder is part of Te Ara Moana - 'the sea-going pathway'. This is a self-guided five-day sea kayak tour along approximately 51km of Auckland's picturesque south-eastern coastline, connecting five of Auckland's charming Regional Parks.

Ranger recommendations

Tips on how to make the most of your visit to Duder Regional Park.

If you have two hours...

Duder is known for its tranquillity and views. You will get a sense of escape and a feel for this place with a stroll or ride around the Farm Loop.

If you have half a day...

Make the effort to go all the way to the end of the peninsula where you will find the Whakakaiwhara Pā. Not only is this a fascinating pā site but you will also enjoy the sense of being on your own island, such is the feeling of isolation amongst the surrounding seascape.

If you have a full day...

As well as visiting the high areas of the park and the fabulous views, if time allows you have the opportunity to explore the rocky shore and see the abundant wading birds feeding on the tidal flats around the park at low tide. Please avoid disturbing the birds.

For something different try orienteering on the park's permanent orienteering course. If you have never tried orienteering before, this is a great chance to do so and enjoy the brilliant views from the park at the same time. Pick up your free orienteering map from the information board or download in advance from aucklandcouncil.govt.nz



Be safe in regional parks

The water safety code

1. Be prepared
2. Watch out for yourself and others
3. Be aware of the dangers
4. Know your limits

The outdoor safety code

1. Plan your trip
2. Tell someone
3. Be aware of the weather
4. Know your limits
5. Take sufficient supplies



Dogs are prohibited at all times on all park land and adjoining foreshore areas.

Map not necessarily to scale, not to be used for navigational purposes.
Map does not show underwater hazards.

Key

Information	Mountain biking	Historic site	No access	Streams
Lookout	Canoeing / kayaking	Bach	No horse riding	Roads
Parking	Horse riding	Orienteering	No dogs	Wetland
Phone to contact ranger	Toilets	Nesting birds	Parkland	Non parkland
Camping	Walking	Cattle yard	Bush	Sand
Self-containment certificate (SCC) carpark	Gate	No cars		

Dogs

Dogs are prohibited from the park and adjoining foreshore areas at all times.

For detailed information phone Auckland Council on 09 301 0101 or visit aucklandcouncil.govt.nz

Stop kauri dieback

kauridieback.co.nz

A disease known as kauri dieback (Phytophthora taxon Agathis), which is threatening the survival of kauri trees, has been identified in the Waitākere Ranges. Help prevent the spread of kauri dieback by keeping to defined tracks and cleaning footwear before and after your visit.