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|--|-------------|--|-------------------|--|-------------------------|--|-------------|
| | Barbecue | | Information | | Parking | | Toilets |
| | Bird colony | | Lookout | | Phone to contact ranger | | Park Extent |
| | Event site | | No dogs | | Playground | | |
| | Fishing | | No vehicle access | | Toilet / Changing room | | |

Muriwai Regional Park

0 50 100 150
Meters

Scale @ A3
= VARIABLE

Date Printed:
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Feature tracks and trails

Ōtakamiro Point

30 minutes return, 1.6km

From Maukatia (Māori Bay) car park follow the path to Ōtakamiro Point to viewing platforms overlooking the gannet colony. The walk can be extended by continuing down main path to Muriwai Beach. Caution: rocks at bottom of stairway can be slippery when wet. It is possible to return to car park via Maukatia (Māori Bay) Track.

Mitchelson Lookout

40 minutes return, 1km

From Motutara Rd take Lookout Track up steep stairway to Domain Crescent, then pick up the track again 100m further up road and follow it to this spectacular lookout over Muriwai Beach.

Muriwai Beach Loop

1.5 hours one way, 4.8km

A great circuit to see what the park has to offer. From car park behind surf tower head northwards along marked track through the back of dunes eventually coming out onto beach. Continue north to the beach 4WD vehicle access way before heading inland. From the horse park parking area take Coast Road Track leading back to car park.

Other Tracks

Ranger recommendations

Tips on how to make the most of your visit to Muriwai Regional Park.

If you have two hours...

The walk around Ōtakamiro Point is one of Muriwai's 'must do' attractions particularly in spring and summer when the gannet colony is clamouring with activity. It's well worth a trip to the park just for this unique experience.

If you have half a day...

Combine your visit to the gannet colony with a swim at the beach (remember to swim between the flags) and a picnic or barbecue. Alternatively wander along the network of walking tracks through the coastal forest behind Ōtakamiro Point.

Come to Muriwai if it's late in the day to enjoy a spectacular sunset.

If you have a full day...

Add Maukatia (Māori Bay) to your adventure. Head down the track from the car park and either indulge your passion for surfing or for something different explore the caves at low tide but take care. Alternatively view the pillow lava formations high on the cliffs behind the beach.

If you want to get away from it all or take a long walk, park at the North Muriwai car park and head northwards along the beach as far as you like, after all its 50kms long.



Key

- Barbeque
- Bird colony
- Bus parking
- Camping
- Tennis Court
- Golf course
- Information
- Cafe
- Lookout
- Parking
- Phone to contact ranger
- Picnic area
- Playground
- Surf club
- Surf tower
- Horse riding
- Toilets
- Locked gate
- Stream
- Road
- Parkland
- Non-parkland
- Sand
- Cliff
- No dogs
- This beach is only patrolled when the red and yellow flags are displayed by lifeguards. Always swim between the flags.

Safety at Muriwai Regional Park

Think safe and be water safe.

Watch your young ones near the water.

West coast beaches are fun for swimming but can be dangerous. Take extra care.

- for your safety always swim between the flags. Surf patrols are active over the summer at Muriwai
- if there are no lifeguards on duty we recommend staying out of the water.

- it is recommended that you don't go swimming on an outgoing tide
- never swim or surf alone, and if in doubt, stay out.

Rock fishing

Remember that fishing on the west coast can be dangerous. Waves are unpredictable and people do drown. Always wear a lifejacket, check sea conditions and talk to park rangers, locals and lifeguards to find out where it might be safer.

0 500 1000M

Map not necessarily to scale, not to be used for navigational purposes.
Map does not show underwater hazards.