

Āwhitu Regional Park



SCALE 1 : 7,500



COUNTIES MANUKAU
ORIENTEERING CLUB
WWW.CMOC.CO.NZ

Field work update : W Aspin Feb 2020

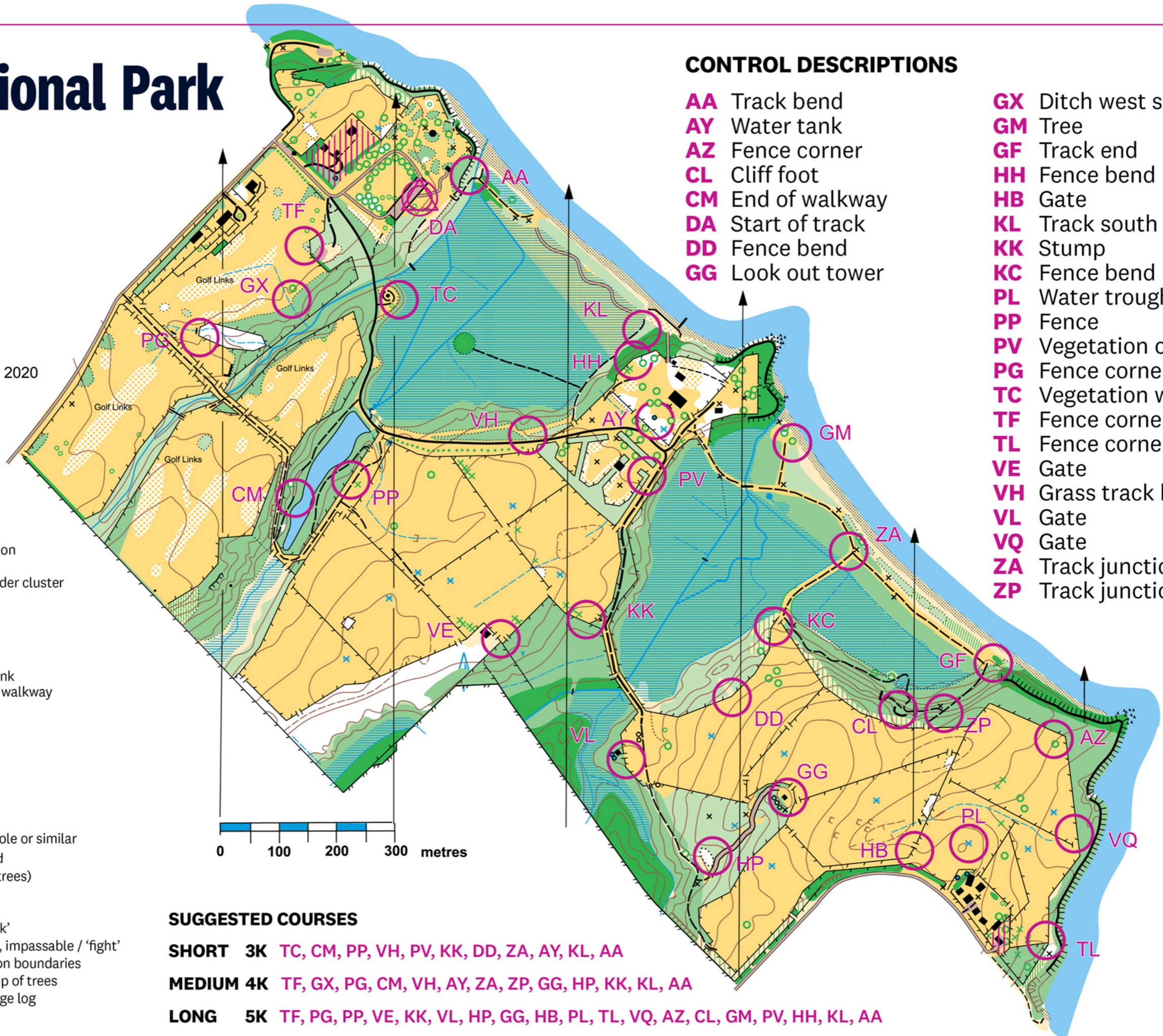
Graphics John Robinson 2021

LEGEND

- Contour
- Index contour
- Form line
- Slope line
- Earth bank
- Knolls, small knoll
- Depressions, small depression
- Passable rock faces
- Boulder, large boulder, boulder cluster
- Open sandy ground
- Crossable narrow stream
- Watercourse
- Narrow marsh
- Marsh
- Well, water trough, water tank
- Sealed or metal road/Wood walkway
- Vehicle track
- Footpath
- Small footpath
- Footbridge
- High fence
- Crossing point in fence
- Building; small building
- Sealed area, car park
- Man-made feature; Power pole or similar
- Open land; Rough open land
- Semi-open land (scattered trees)
- Forest: easy running / 'run'
- Forest: slow running / 'jog'
- Forest: difficult to run / 'walk'
- Vegetation: difficult to walk, impassable / 'fight'
- Distinct; indistinct vegetation boundaries
- Lone or distinct tree or group of trees
- Tree stump, dead tree or large log
- Out of bounds

CONTROL DESCRIPTIONS

- AA** Track bend
- AY** Water tank
- AZ** Fence corner
- CL** Cliff foot
- CM** End of walkway
- DA** Start of track
- DD** Fence bend
- GG** Look out tower
- GX** Ditch west side
- GM** Tree
- GF** Track end
- HH** Fence bend
- HB** Gate
- KL** Track south side
- KK** Stump
- KC** Fence bend
- PL** Water trough
- PP** Fence
- PV** Vegetation corner
- PG** Fence corner
- TC** Vegetation west side
- TF** Fence corner
- TL** Fence corner
- VE** Gate
- VH** Grass track bend
- VL** Gate
- VQ** Gate
- ZA** Track junction
- ZP** Track junction



SUGGESTED COURSES

SHORT 3K TC, CM, PP, VH, PV, KK, DD, ZA, AY, KL, AA

MEDIUM 4K TF, GX, PG, CM, VH, AY, ZA, ZP, GG, HP, KK, KL, AA

LONG 5K TF, PG, PP, VE, KK, VL, HP, GG, HB, PL, TL, VQ, AZ, CL, GM, PV, HH, KL, AA

